

Turkish Geriatrics Society
October 1st International Day of Older Persons 2025
Statement



Each year on October 1, the United Nations highlights the International Day of Older Persons to raise awareness of the challenges and opportunities associated with ageing populations worldwide and to mobilize broader engagement in addressing the difficulties faced by older individuals. The 2025 theme is: “Older Persons Driving Local and Global Action: Our Aspirations, Our Well-Being, Our Rights”.

On this special day, it is essential to pursue our goals for well-being and rights at both local and global levels. Equally, it is vital to emphasize the crucial role of social connections in life. Social bonds range from a brief greeting exchanged in passing to deep and supportive relationships developed over time.

The communities we live in shape our ability to connect with others, and in turn, the connections we build help shape our local environments. Older persons play an integral role in strengthening the social fabric of communities. Their contributions are vital in fostering a strong sense of intergenerational belonging.

The diversity of people, experiences, and everyday interactions that allow us to feel happy and included in our communities is essential for our well-being at every age. As we grow older, staying connected becomes just as important as it has always been. Ageing does not prevent us from forming new relationships or maintaining existing ones; however, life changes such as retirement or evolving health conditions may bring both new opportunities and new challenges.

In this context, it is crucial to highlight the importance of building and strengthening connections that enable older adults to feel at home in their communities and foster a shared sense of belonging. To sustain the health and well-being of older persons, it is of great value to prioritize rights-based approaches and ensure their participation at every stage.

<https://social.desa.un.org/issues/ageing/events/2025-unidop>