



# IAGG NEWSLETTER

SEOUL, SEPTEMBER 2016

VOL. 20 / NO.12

- 02 IAGG HEADQUARTERS
- 03 IAGG REGIONAL NEWS
- 05 IAGG SUB-ORGANIZATIONS
- 12 NATIONAL MEMBER SOCIETIES
- 17 UPCOMING EVENTS
- 18 OTHERS



## IAGG HEADQUARTERS

### 2016 CHINESE CONGRESS ON GERONTOLOGY AND HEALTH INDUSTRY, SUZHOU, CHINA ON SEPTEMBER 2-4, 2016



#### 2016 Chinese Congress on Gerontology and Health Industry

**Date:** Sept. 2-4, 2016

**Venue:** Suzhou International Expo Center

The 2016 Chinese Congress on Gerontology and Health Industry was held from September 2-4, 2016. Under the theme “developing gerontology and promoting health industry,” the aim of the congress was to promote the research and development of modern gerontology and to discuss the common problems and concerns of gerontologists and general practitioners. The first day of the congress consisted of several programs, such as the press conference and Internet + elderly health. On the morning of the second day, the first plenary session (opening ceremony) and keynote presentations were held, including the keynote speech given by the president of the International Association of Gerontology and Geriatrics. In the afternoon, the program consisted of 25 symposiums focusing on expert topics on basic and clinical research in the geriatrics and elderly-friendly medical industries. The program on the last day consisted of continuing the expert topics and public health forums. During the congress, a great variety of exhibitions were on display which included products and services such as health care promotion, make-up for aging skin, health care maintenance, and health care equipment.

## IAGG REGIONAL NEWS

### SOUTH AMERICA AND CARIBBEAN (COMLAT) REGION

#### CONGRESS SCHEDULE

Year	Month/Date	Event
2016	September	SAGG-September 2016 Buenos Aires Congress of the Argentine Society of Gerontology and Geriatrics: II Meeting of the First Latin American Consensus on Diabetes in the Elderly
	November	SUGG – November 2016 Montevideo Congress Society of Gerontology and Geriatrics Uruguay
	November 4-8	ALAD XVII Latin American Congress on Diabetes – Colombian Congress on Diabetes, Bogotá Hotel Crowne Plaza – Tequendama

### AFRICAN REGION

#### THE 2ND AFRICA REGION CONFERENCE OF GERONTOLOGY AND GERIATRICS, KENYA, DECEMBER 6-8

The 2nd IAGG Africa Region Conference of Gerontology and Geriatrics, on the theme 'Long Term Care Systems for Sub-Saharan Africa: Setting Agendas' will take place on December 6-8, 2016 in Nairobi, Kenya.

The Conference will provide a timely, urgently needed forum to consider and address pressing queries on current realities of long term care (LTC) for older persons in SSA, and on required principles and approaches for forging LTC system that can meet the already considerable-and inevitably growing need for such care in the region. The conference, taking the form of a research-practice dialogue, will bring together an anticipated 100 academic, government, civil society and private sector role players from across SSA and other developing regions in two and a half days of expert plenary panels, open discussions and small group work.

#### PROGRAM

The Conference will run over two-and-a-half-days from 6-8 december 2016. The academic program, beginning with a welcome plenary session on the evening of 6 December, will feature presentations by eminent African and international speakers, expert panels, open discussion and structured group work. Deliberations will focus on nine key themes regarding the contexts of guiding principles and models for long-term care in the region. The social program will include a cocktail reception in the evening of 6 December, and a formal dinner on Wednesday 7 December.



## IAGG REGIONAL NEWS

### ASIA/OCEANIA REGION

#### PLANNING MEETING FOR 2019 ASIA OCEANIA REGIONAL CONGRESS

The first Conference Planning Committee meeting to prepare for the 2019 Asia Oceania Regional Congress in Taipei, Taiwan, is being held in October. The meeting involves the local organising committee, the Regional Executive Committee, and Regional Scientific Chairs of the four conference streams.

#### NEW REGIONAL SCIENTIFIC COMMITTEE CHAIRS

We welcome two new Regional Scientific Committee Chairs to join the Conference Planning activities. The two new Regional Scientific Chairs are:

- Biological Sciences stream: Professor Eun Seong Hwang (South Korea),
- Social Research and Planning stream: Professor Julie Byles (Australia).

#### UPDATE FROM INTERNATIONAL LONGEVITY CENTRE (ILC) AUSTRALIA

a) **The CHINA Road Conference** was hosted by the University of Newcastle 13-15 August 2016. The conference took a broad look at the changing socioeconomic and political context of China. The health of older people in China was considered in three presentations. Xiaoyue Xu from the Research Centre for Generational Health and Ageing presented on diet transitions and non-communicable disease among older Chinese people – showing the detrimental effect of a trend towards a western diet. While, Zumin Shi from Adelaide University presented new hazards associated with traditional Chinese diets which tend to have a higher level of contamination from heavy metals such as lead and cadmium and can lead to problems such as anaemia and chronic kidney disease. Vasoontara Yiengprugsawan from CEPAR presented on social capital and quality of life among older Chinese people in the WHO Global Study on Ageing and Adult Health.

b) On August 3rd 2016 The Australian Association of Gerontology held a forum titled: **Review of Aged Care: What are the data saying?** The forum took a look back to the 2011 Productivity Commission enquiry into the care of older Australians, and forward to the imminent 2016 review of aged care reforms. In this period, the Australian Aged Care system has undergone significant reforms, with major changes to the way in which care is accessed, assessed, financed, and delivered. The intentions were largely to separate accommodation and care issues, remove supply side constraints, and increase consumer choice and control. The forum examined aged care ratios and occupancy, workforce capacity, and data needs and availability. The National Aged Care Clearing House provides much improved access to aged care data for purposes of research and evaluation, and the linkage of data to longitudinal studies was also noted. The forum generated many research questions that could be answered using these data, providing a huge amount of policy relevant information. <http://www.aag.asn.au/events/event/review-of-aged-care-reforms-what-are-the-data-saying>

c) The 2016 COTA National Policy Forum was held 21 July, and focused on **reframing primary healthcare for older Australians**. The forum resonated with WHO World Report on Ageing and Health which urged governments and health care providers to break down the stereotype that poor health is an inevitable part of “being old” and recognise that healthcare is a human right whatever your age or health status. The forum challenged the myth that older people have higher health care costs, and also challenged the notion that healthcare is a cost, but rather that it is an investment. The Forum included panel discussions on access and affordability; the link between primary care and broader wellbeing; the best models of primary care; and how primary care can address the needs of a diverse older population. The forum also emphasized the importance of a supportive community, as well as an advanced health system that enhances peoples’ capacity to manage their health care needs. Participants were reminded that “most of us will grow old” and that we are shaping the society in which our children will grow old. When it comes to health care for older people it is not “them and us”, but “us and us”. We are making decisions for ourselves.

An article related to the forum was published in The Conversation, challenging the myth that population ageing is driving increased hospital costs - <https://theconversation.com/dont-just-blame-older-australians-for-increased-hospital-demand-62622>; and another article by Council on The Ageing (COTA) CEO Ian Yates was published in the Guardian - [https://www.theguardian.com/australia-news/2016/jul/21/healthcare-services-comparative-data-would-help-cut-costs-says-cota-chief?CMP=share\\_btn\\_fb](https://www.theguardian.com/australia-news/2016/jul/21/healthcare-services-comparative-data-would-help-cut-costs-says-cota-chief?CMP=share_btn_fb)

## IAGG SUB-ORGANIZATIONS

### IAGG-GARN (GLOBAL AGEING RESEARCH NETWORK)

#### DISSEMINATING

The IAGG GARN Network distributes material to help professionals worldwide in their mission to promote the autonomy of people as they grow older. After the White Book on Frailty, the Video on Frailty, we are happy to announce the completion of a:

#### VIDEO ON MEMORY DISORDERS

IAGG GARN is collaborating with the Gérontopôle of Toulouse and the CTAD2016 conference organizers to disseminate a video dedicated to memory disorders. Addressed to a general audience of seniors, the film promotes five lifestyle rules to maintain memory and encourages older people to participate in research projects. This tool is available in nine languages:

English: <https://youtu.be/z6KIzvSwyy4>

German: <https://youtu.be/CbAlxgd7OsY>

French: <https://youtu.be/NjGKYCmVUAE>

Spanish: <https://youtu.be/WdZzluJneZc>

Japanese: <https://youtu.be/JkXpxeguT2k>

Italian: [https://youtu.be/8x\\_FQEHVW9Q](https://youtu.be/8x_FQEHVW9Q)

Portuguese: <https://youtu.be/cJDqj9qmxRw>

Korean: <https://youtu.be/hFVkoAHoHvs>

Chinese: <https://youtu.be/ORh0XI56an0>

The film can be distributed via any type of screen: social networks, websites, local TVs, or during events dedicated to older people. We also invite you to target networks, colleagues, local authorities and all those whose work for the wellbeing of our eldest.

#### POSTER ON IATROGENIC DISABILITY

Nearly 30% of older patients lose independence in basic activities of daily living during hospital stay (1). This loss of independence may be due to illness leading to hospitalization or to unadapted healthcare procedures. In more than half the cases, disability is avoidable(2).

The IAGG GARN also has an interest to develop actions to prevent dependency during hospitalization of frail older adults. To help us promote this campaign amongst professionals, you can download the poster on the IAGG GARN website at <http://www.garn-network.org/documents/IATROGENIE-posterENG-finalversion.pdf> for general distribution.

(1) Margitc & al. J Am Geriatr Soc 1993 (2) Sourdet & al. J Frailty Aging 2014

#### PROMOTION

The IAGG GARN network focuses on research issues related to Frailty and Sarcopenia, Alzheimer's disease and nursing homes. To this effect, it collaborates from near and afar in various working groups such as:

#### NHIWG2016: November 9-10, 2016, Barcelona, Spain

The aim of the 3rd Nursing Home Research International Working Group is to raise further awareness on the need to promote research in nursing homes. The event will deal with prevention, functional decline, quality improvement, care organization, etc. Website: <http://www.nursing-home-research.com>

## IAGG SUB-ORGANIZATIONS

### **CTAD2016: December 8-10, 2016, San Diego, USA**

The 9th edition of the conference on Clinical Trials for Alzheimer's disease will tackle the necessity to develop the next generation of Alzheimer's disease drugs, essential to facing this challenge. Website: <http://www.ctad.fr>

WCO-IOF-ESCEO2017: March 23-26, 2017, Florence, Italy

The world's leading clinical conference on bone, joint and muscle health will present a unique program for healthcare professionals, researchers and young scientists. Abstract submission deadline: January 13, 2017. Website: <http://www.wco-iof-esceo.org/>

Twitter: #OsteoCongress - <https://twitter.com/search?q=OsteoCongress>

Contact: Sophie Leisten (Humacom) - [info@humacom.com](mailto:info@humacom.com)

### **ICSFR2017: April 27-28, 2017, Barcelona, Spain**

The 6th International Conference on Frailty and Sarcopenia Research goes forward to raise further awareness on the need to implement Frailty and Sarcopenia into clinical practice around the world.

Abstract submission deadline: November 30, 2016. Website: <http://www.frailty-sarcopenia.com>

### **IANA2017: July 23, 2017, San Francisco, USA**

Held in conjunction with the IAGG 2017 World congress, the 12th International Academy on Nutrition and Aging is dedicated to "Nutrition and maintaining functions with aging" and aims to promote a better understanding and implementation of nutrition and age-related diseases into clinical practice. See the program on the IAGG2017

Website: <https://www.iagg2017.org/program/affiliate-group-meeting>

## **IAGG-CSO (COUNCIL ON STUDENT ORGANIZATIONS)**

President: Claudia Meyer, MPH (PhD Candidate-La Trobe University, Australia)

Vice President: Shannon L. Freeman, PhD (University of Northern British Columbia, Canada)

Secretary-Treasurer: Katherine S. Hall, PhD (Veterans Affairs/Duke University Medical Centers, USA)

### **CALL FOR NOMINATIONS: VOLUNTEER LEADERS NEEDED TO JOIN THE IAGG-CSO EXECUTIVE COMMITTEE**

We are pleased to announce that nominations for the 2017-2021 IAGG-CSO Executive Committee leadership positions are now being accepted. Briefly, the primary goals of the IAGG-CSO are to: 1) advance the creation and support of student sections in association with IAGG member societies; 2) unite gerontology/geriatrics students worldwide by fostering regional and international networking; and 3) actively contribute to IAGG Regional and World Congresses.

As a student or junior scholar (post-doc or trainee) you have the opportunity play an active role in IAGG-CSO's governance. This provides emerging scholars with a unique opportunity to become more involved with gerontology and geriatrics societies and their student sections around the world, to network and collaborate with colleagues and senior scholars, and to enhance their curriculum vita. Serving as an IAGG-CSO leader is an important step in building your professional portfolio and establishing yourself as an active member and future leader of your home gerontology/geriatrics organization.

We are looking for volunteers to fill 3 positions on the IAGG-CSO executive committee:

President, Vice President, or Secretary-Treasurer.

If you are interested in becoming involved and taking advantage of these wonderful opportunities, please take the time to self-nominate for the position that fits you best.

## IAGG SUB-ORGANIZATIONS

To be eligible to serve in one of the IAGG-CSO leadership positions you must be a current member of an IAGG member organization. A full list of eligible gerontology/geriatrics societies can be found at <http://tinyurl.com/zof2c4w>. If appointed to a position you must maintain your society membership throughout the term of your position, be committed to attending IAGG Regional and World Congresses, and attend regular virtual meetings of the IAGG-CSO Executive Committee.

Interested applicants should submit the following:

- Complete biographic information including:
  - a) Degree(s)
  - b) Position/title
  - c) Institution
  - d) Membership in gerontology/geriatrics professional societies
- A current curriculum vita (limit 4-5 pages max)
- A brief explanation (maximum 250 words) describing:
  - a) Your top choice of leadership positions (President, Vice President, or Secretary-Treasurer)
  - b) What you hope to get out of the governance experience
  - c) The new ideas that you would like to implement if appointed/elected
  - d) The past experiences that you have had that will help you if appointed/elected

All materials must be submitted to [iaggcso@gmail.com](mailto:iaggcso@gmail.com)

Thank you in advance for taking advantage of this opportunity. We look forward to receiving your applications.

### UPCOMING EVENTS: THE GERONTOLOGICAL SOCIETY OF AMERICA ANNUAL MEETING (NOVEMBER 16-20, 2016)

The Emerging Scholars and Professionals Organizations (ESPO) is the professional student/trainee organization of the GSA. ESPO has organized a number of professional and networking events throughout the annual meeting, all of which are described in detail in the conference program: [www.geron.org/meetings](http://www.geron.org/meetings).

To highlight a few of these events, ESPO is hosting a Wine and Cheese Networking Reception with students/trainees and senior GSA fellows on Thursday, November 7. This is always a lively and engaging event that offers students and junior scholars an opportunity to connect one-on-one with senior scientists, away from the hustle and bustle of the conference. If you have a scholar in particular that you would like to meet while at the conference, it is a great idea to email them ahead of time and invite them to attend this event, giving you an opportunity to speak with them one-on-one in a more social environment. Additionally, the ESPO breakfast and community meeting will be held on the morning of November 18, and will feature presentations from journal editors on insights into publishing, senior GSA leaders, professional development topics, and opportunities to engage with other junior GSA members. Finally, the GSA annual meeting provides a rich plethora of content and senior experts--it can be a bit overwhelming at times. Students and emerging scholars can take a break from it all in the ESPO Lounge, open throughout the conference. New this year: join other ESPO members for informal breakfast and midday chats in the ESPO Lounge. These chats will give both new and returning members an opportunity to network in a more informal setting and to discuss topics relevant to students and emerging professionals. More details will be announced prior to the meeting. For an immediate listing of all ESPO events in New Orleans, please visit [www.geron.org/espo2016](http://www.geron.org/espo2016).

There are also a limited number of student-rated hotel rooms remaining. However, please note that not all nights have availability. If you are still looking for a roommate, ESPO has organized a roommate match document. For more information, email [espo@geron.org](mailto:espo@geron.org).

## IAGG SUB-ORGANIZATIONS

### IAGG-CSO EXCEPTIONAL STUDENT AND EARLY CAREER MEMBER SPOTLIGHT



Alvin Wiharja

Degree(s): MD

Title: Sports Medicine Resident

Department/Division: Department of Community Medicine

Institution: Universitas Indonesia & the Alzheimer Indonesia

(Alzi) Organization

Institution Location: Jakarta, Indonesia

#### How did you get interested in the field of aging?

Indonesia is categorized as a developing or low and middle-income country (LMIC). The elderly population is increasing year by year. Now in West Java and the capital area, 11% of the total population is over the age of 60. In addition, there is a shift in the disease burden from infectious diseases to degenerative diseases/non-communicable diseases (NCDs). Exercise has been a well-known strategy for not only delaying the onset of NCDs but also effective in the management of the disease. These facts are important for developing a comprehensive prevention strategy for Indonesia.

For myself, I started to get involved in the field of aging by helping my mentor to prepare a senior/elderly research program. From this experience, I realized the need for proper medical management among Indonesian elderly. We still have a lot of homework to do. And I believe by contributing together we can solve all the burden of geriatric syndrome in Indonesia.

#### What are your key responsibilities at your job and/or school?

My specialty is Sports Medicine and my interest is in hydration and gerontology-geriatrics. As a sports medicine resident in Universitas Indonesia, we learn how to manage health problems caused by physical exercise or sports and manage health problems that can be cured by implementing physical exercise or sports and also for special populations, e.g. the elderly. Health/medical management in Sports Medicine that we implement for these special populations are from promotion, prevention, curative and rehabilitation approaches. One of many opportunities to learn in the field of gerontology and geriatrics for Sports Medicine Residents in Universitas Indonesia is by overseeing osteoporotic group exercise, the senior sports medicine centre, and participating in regional and national senior/elderly activity/health events.

Furthermore, I helped a sports medicine specialist develop a senior exercise program for the Indonesia Sports Medicine Centre (ISMC), a private sports medicine clinic in Jakarta – Indonesia.

#### Tell us a little about your most recent activities/accomplishments?

I just won a travel grant for a poster presentation at The 26th Scientific Meeting of the International Society of Hypertension 2016. The title of the poster is “Detecting Orthostatic Hypotension to Prevent Falls Among Indonesian Elderly Before Exercise”. And I still have several papers with the main topic of Indonesian elderly and their physical activities to be presented in the future.

I am also participating actively in Alzheimer Indonesia (Alzi), a non-governmental organization focusing on increasing public awareness about Alzheimer’s disease. I had an opportunity to write about exercise on Alzheimer’s in an Alzi Writing Competition supported by Maverick & Grand Challenges, Canada and presented on similar topics for Alzheimer’s disease patients at several Alzi Caregiver Meetings around Jakarta and West Java, Indonesia.



## IAGG SUB-ORGANIZATIONS

And I am now also a member of the Alzi Research Committee and planning to conduct a study about Dementia/Alzheimer's disease in Indonesia.

As a young scientist in the early stages of my career, I have already published 1 medical journal article, 3 on-going medical journal articles, 5 poster presentations (national, regional and international), and given several oral presentations in public seminars. I am also an active student member of the American College of Sports Medicine (ACSM) and IAGG Council of Student Organizations.

### **How long/why did you become a member of IAGG and why is it important for other students to join/attend IAGG?**

The first time I learned about IAGG was by joining the IAGG Asia-Pacific Conference in Chiang Mai in 2015. Meeting all the experts and the IAGG-CSO executive changed my mind on how to develop my early career as a young researcher. I joined the student session lead by the IAGG-CSO about basic strategies for how to introduce ourselves in formal meetings and conferences. In that opportunity, we interacted with people who have the same interest in the field of gerontology-geriatrics as well as experts from other disciplines and, of course, various regions. Thus by meeting them, there will be great opportunity to build multidiscipline and multicenter research collaborations. These collaborations become important to develop more accurate and credible results in the field of aging. I believe attending the IAGG conference will become a first steady step to start gerontology and geriatric study for all of us.

### **Do you have any tips for emerging gerontology and geriatrics scholars?**

Starting careers in gerontology and geriatrics is similar as other fields. Make sure you really like what you will be facing and know what you will do. Do it with passion and you will finish your work like you have no burden. Joining a group with the same interests is one way to encourage and escalate our motivation and create better opportunities. As a new investigator/scientist in this field, it is better to have a senior mentor to help you reach your goal.

Always remember to love our elders just like they did when we were little. Spreading love to all, all over the globe!

## IAGG SUB-ORGANIZATIONS

### IAGG-GSIA (GLOBAL SOCIAL INITIATIVE ON AGEING)

#### FAMILIES AFRICA RESEARCH PROGRAM ANNOUNCEMENT

Globally, families are regarded as the first line of support for older adults, but in low-resourced environments the expectations of family care are particularly highlighted. Families are rooted in multiple contexts and reflect community structure and process, which in many South African communities reflect the disparities created as a legacy of Apartheid. Families in (South) Africa and the Position of Older Persons (FAPOP), to be launched in January 2017, aims to understand social constructions of contemporary families; family structures and roles; and both obligations for support and supportive activities to older adults in diverse rural and urban South African contexts. A team of researchers and postgraduate students at North-West University will conduct the project.

Contacts: Prof JR Hoffman ([Jaco.Hoffman@nwu.ac.za](mailto:Jaco.Hoffman@nwu.ac.za)) or Prof V Roos ([Vera.Roos@nwu.ac.za](mailto:Vera.Roos@nwu.ac.za)).

#### THE CONGRESS OF THE GERMAN SOCIETIES OF GERONTOLOGY AND GERIATRICS

Stuttgart, Germany, September 7-10. The recent joint meeting of the two societies featured a number of international keynote as part of the movement toward more international exchanges with German researchers. Norah Keating gave a keynote address entitled Thinking Critically about Ageing and Community. Members of the planning committee of the IAGG World Congress to be held in San Francisco in July 2017 were in attendance. Future plans for closer relationships between the German Societies and the IAGG are being discussed.

Contact: Prof S. Zank ([szank@uni-koeln.de](mailto:szank@uni-koeln.de))

#### CROSS-CULTURAL AND CROSS-SOCIETAL CONTEXTS OF ELDER-CARE

Max Stern Yezreel Valley College, Israel, September 25-27. This workshop was organized to create contacts and collaborations between Israeli and international researchers investigating the multifaceted aspects of families and care to older persons. Topics included policy and family care, work, economics, health and future challenges.

The workshop will join fifteen high caliber international investigators studying the area of intergenerational family relations and 24 from Israel, to collaborate on this venture.

Contact: Prof A. Lowenstein ([arielal@yvc.ac.il](mailto:arielal@yvc.ac.il))

#### MASTER CLASS ON FAMILIES, AGEING AND CARE. NAIROBI, KENYA, DECEMBER 5-6

The Global Social Initiative on Ageing (GSIA) in cooperation with the IAGG Africa Region will offer this preconference master class in advance of the Africa Region conference on Long-Term Care Systems for Africa. The master class will provide an opportunity for in-depth examination and the development of research ideas on, the place of- and support to families in the provision of long-term care for older persons in Africa. The class is best suited for senior doctoral students, postdoctoral researchers and early or mid-career scholars working on issues of families or aging or care in African. Information about the conference can be found at <http://www.aphrc.org/iagg/>. Master class is under the preconference tab.

Contact: Prof N Keating ([norah.keating@ualberta.ca](mailto:norah.keating@ualberta.ca))

## IAGG SUB-ORGANIZATIONS

### ISG (INTERNATIONAL SOCIETY FOR GERONTECHNOLOGY)

#### THE INTERNATIONAL SOCIETY FOR GERONTECHNOLOGY 2016 CONGRESS

Sustainable Humanity in Nice has 28 symposia and a total of 284 presentations from Europe, Asia and the Americas. In 202 cases the presenter also submitted a 1-page paper for publication in Gerontechnology 15(suppl). The ISG2016 conference will be preceded by the Gerontechnology master class for young researchers working at their PhD. See also: <http://www.isg2016.org/>. The master class will be on the 26 and 27 September in Nice and young researchers will be lectured by the ISG Grandmasters and other masters.

The ISG2016 congress is in adjunction to the AAL forum in Switzerland. People attending both meetings will receive a discount.

## NATIONAL MEMBER SOCIETIES

### BELARUSIAN REPUBLIC GERONTOLOGICAL PUBLIC ASSOCIATION

One of the serious challenges of the modern ageing society is dementia. In Belarus there is the problem of hypodiagnosis of the early stages of cognitive impairments which leads to the increase of severe cognitive decline; society needs much more information about cognitive problems of elders. For this reason the Belarusian Republic Gerontological Public Association (BRGPA) makes efforts to work with different segments of the society for effective management of the problem of prevention of severe cognitive impairment and dementia. A new kind of such activity is the cooperation of BRGPA with the Ministry of Labor and Social Policy (Vitebsk region) in a special program for the prevention of dementia and severe cognitive impairment in the social service system. The project consists of the following items: education of social workers in the sphere of possibilities of early detection of cognitive impairments in measures of their competence and better ways of cooperation with medical institutions for the beginning of early treatment and rehabilitation of such patients; training of managers of the social service system for the creation of an effective system of management of prevention of dementia and severe cognitive impairment; creation in nursing homes of a special therapeutic environment for the training of cognitive functions; and intensive involvement of the population in health promotion using Internet technologies, newspapers and other mass media to explain possibilities of the change of lifestyle and habits in the prevention of dementia. BRGPA expects that this project will activate an important segment of influence for elders as social service in the prevention of dementia and severe cognitive impairments.



Photo – Training of social workers in early detection, prevention and rehabilitation of elders with dementia and severe cognitive impairment

### THE BRITISH SOCIETY FOR RESEARCH ON AGEING (BSRA)

The number and proportion of older people across the world is increasing. Indeed the UN “World Population Ageing Report” for 2015 suggests that population ageing is poised to become one of the most significant social transformations of the twenty-first century, with implications for nearly all sectors of society. Worldwide, there are reportedly 901 million people over the age of 60 and 125 million people over the age of 80. These numbers are projected to rise to 2.1 billion and 434 million, respectively by 2050. Similar trends are currently reported in the UK, with 1/3 of the population presently aged 50 and over and 15 million people aged over 60. These numbers are also expected to increase, with ~25% of the UK population predicted to be over the age of 65 by 2040.

With an ageing global population, we therefore need to question if we are ageing well. This raises lifespan and healthspan considerations, which are key to current and future generations. With gradual deteriorations in function and associated increases in morbidity, we face a declining capability to withstand the challenges of daily living. Therefore, core to the remit of the BSRA (<http://bsra.org.uk/>) is a commitment to funding, supporting, understanding and disseminating high quality research into the biology of ageing.



## NATIONAL MEMBER SOCIETIES

To this end we host and Annual Scientific Meeting with an associated special edition published by the journal Biogerontology (<http://www.springer.com/life+sciences/cell+biology/journal/10522>). For the publications linked to the 2014 meeting, see: <http://link.springer.com/journal/10522/17/3/page/1>. We have just hosted our 66th annual scientific meeting in Durham, with a topic of: 'Evolution and the Biology of Ageing' (<https://www.dur.ac.uk/bsi/bsra-durham/>). Preparation is well underway for the 67th annual meeting (10th – 12th July 2017) at the University of Exeter, with a theme on 'The Biology of Ageing and the Omics Revolution'. The programme is developing extremely well and will be updated at the following site: <http://bsra.org.uk/bsra-2017-university-exeter/>. We will be welcoming abstracts for posters and elevated oral presentations from early 2017.

We continue to fundraise (<http://bsra.org.uk/donate/>), in order to facilitate the implementation, dissemination and the impact of research. Following a \$60,000 donation, to the BSRA charitable trust, from the US Glenn Foundation for Medical Research (<http://glennfoundation.org/>) we have awarded funding for a PhD programme of work, to start in October 2016. The title of the programme is: "Resident senescent cells drive the ageing phenotype of skeletal muscle" and the supervisory team consists of Anne McArdle and Aphrodite Vasilaki, both at the University of Liverpool, within the Institute of Ageing and Chronic Disease. Areas of research which could potentially be supported in future, include but are not limited to: 1. The fundamental bioscience of ageing, including the identification of ageing mechanisms; 2. The role of nutrition and exercise in ageing; 3. Ageing and immunity; 4. Neurodegeneration; 5. Sensory and cognitive ageing; 6. Development of new model systems.

We look forward to welcoming new members to the BSRA and to our annual meetings and we also look forward to the future potential of the British Society for Research on Ageing in its aim to promote and fund research into the causes and effects of the ageing process.

### BRITISH SOCIETY OF GERONTOLOGY

British Society of Gerontology Annual Conference 'Do Not Go Gentle – Gerontology and a Good Old Age' 5-7 July 2017 – The general theme of the conference is The Art of Ageing: reflecting the diversity of gerontology in Swansea and across the world; from arts based methodology to innovative dissemination and engagement strategies and of course not forgetting the style in which the population ages. This cultural turn is also reflected in the title of the conference "Do Not Go Gentle: Gerontology & A Good Old Age" incorporating the Welsh Poet Dylan Thomas and the ethos of ageing as a positive and stereotype defying period of life. For more information: <http://www.britishgerontology.org/events-jobs-news/bsg-events/bsg-2017-conference.html>

### CANADIAN ASSOCIATION ON GERONTOLOGY

Registration Now Open!

45th Annual Scientific and Educational Meeting, Canadian Association on Gerontology

Date: October 20-22, 2016

Location: Montreal, Quebec, Canada

Web: <http://CAG2016.ca>

Join us in an exciting and dynamic forum for knowledge exchange and networking in the field of aging at CAG2016: Fostering Innovation in Research on Aging, the 45th Annual Scientific and Educational Meeting of the Canadian Association on Gerontology. CAG2016 will be held in beautiful and historic Montreal, Quebec, Canada, October 20-22, 2016. To view the full conference program and to register, please visit <http://CAG2016.ca>. Follow us on Facebook (<http://www.facebook.com/CdnAssocGero>) or Twitter (<http://twitter.com/cagacg>) to keep up-to-date on the conference or subscribe to our mailing list (<http://eepurl.com/bCUZ8f>). CAG2016 is hosted by the Quebec Network for Research on Aging (<http://rqrv.com>).

## NATIONAL MEMBER SOCIETIES

### CZECH SOCIETY OF GERONTOLOGY AND GERIATRICS

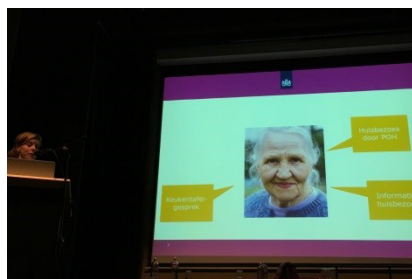
We will hold the 22th annual congress in Hradec Králové with international participation from 20-21st Oct. 2016. The main convener of the congress is CGGS board member Dr. Božena Jurasková, consultant geriatrician. The programme of the congress will focus on inter-professional collaboration in gerontology and geriatrics which will include geriatricians, physicians, nurses, physiotherapists, occupational therapists, nutritionists, social workers, managers of health and social care, pharmacists and other professionals involved in the care of our ageing population. One section will be organised for students of the University of the Third Age and as a refresher course for its alumni. Also, the Prague Days of Gerontology on the 22nd and 23rd September have an inter-professional background and this conference focuses this year on dementia friendly environment and will involve participation of care professionals in the field of health and social care, persons with dementia and their caregivers as well as architects, managers and others. The "gerontological autumn" started already early in September with the traditional Zlín Geriatric Day on 2nd September.

Accreditation of a new PhD programme: The Faculty of Humanities of Charles University in Prague, Czech Republic is delighted to launch a new postgraduate program called "Longevity studies". A major patron of this program is the Centre of Expertise in Longevity and Long-term care and most of its experts will serve as mentors and lecturers. This 4-year program is designed to appeal to all students who successfully complete a master degree in a broad range of specialties and who want to establish a foundation in issues of aging and apply it in their practical, clinical or theoretical careers. The aim of the course is to help address the multidimensional and complex nature of the lengthening human lifespan from various perspectives.

### DUTCH SOCIETY FOR GERONTOLOGY

#### Activities of the Dutch Society

In May 2016 the Society organized two successful events in Utrecht in the Netherlands: The Annual Society Meeting with a Symposium on Frailty and the Annual Prof. Dr. D.L. Knook Lecture.



#### Annual Society Meeting and Symposium

After the formal issues of the Society were handled, a symposium on different aspects of frailty was held.

Dr. Jeanet Blom (Department of Public Health and Primary Care, Leiden University Medical Center, Netherlands) presented the outcomes of a nation-wide individual participant data (IPD) meta-analyses on the effectiveness and cost-effectiveness of proactive and integrated care for older people in general practice. The included interventions of eight studies focused on the screening of frail older people followed by the development and execution of a multidisciplinary care plan. However, the results showed that this type of pro-active care did not affect activities of daily living, quality of life or health care costs for older persons in general practice after 12 months.

Next, Dr. ir. Simone de Bruin from the National Institute for Public Health and the Environment (RIVM, Bilthoven, The Netherlands) presented a paper on early detection of frailty from the perspective of older people themselves. The interviews with older people showed that the current initiatives in Dutch health care do not always match the needs and preferences of older people. Such perspectives should be much more strongly taken into account when care programs are developed.

## NATIONAL MEMBER SOCIETIES

After both presentations, the lively discussion with the audience focused on the relevance and need for screening on frailty in old age and who could be considered here as the 'expert'. The main lessons to be learned are that the preventative care for older people in Dutch health care has not been adequately developed so far and that we still do not know how the target population could be identified in the right way.

### Annual Prof. Dr. D.L. Knook Lecture



On May 20th, 2016, the first Annual Prof. Dr. D.L. Knook Lecture, organized as well by the Society, was held by Prof. Dr. Rudi Westendorp. Until his retirement in 2006 Prof. Knook was professor of Gerontology at Leiden University and for a long time the director of the TNO-Institute on Ageing Studies. Actually, he was one of the leading founding fathers of gerontology in the Netherlands. Unfortunately, Prof. Knook passed away on the age of 71 in 2012. Prof. Rudi Westendorp, currently professor of old age medicine at the University of Copenhagen in Denmark and one of Prof. Knook's early students, presented a sparkling talk entitled 'An Explosion of Life' about ageing, frailty and vitality.

One of his propositions was that the older populations in western societies have never been so healthy as nowadays and that there is reason to believe that mankind could reach the age of 135 years. Westendorp believes that disease, frailty and handicap will have only minor effects on life satisfaction. The adoption of a vital attitude to life is crucial here to maintain adequate levels of quality of life in old age.

## ITALIAN SOCIETY OF GERIATRICS

### Current Activities

In the field of Italian Territorial Geriatrics we are endeavoring to:

- a. create network services for elderly frail people, by integrating hospital and out-of-hospital activities, thus reducing mean hospital stay. This is expected to lead to a decrease in National Health expenses. A special focus is dedicated to possible savings in drug expenses, especially in those Italian regions showing higher rates of drugs consumption;
- b. potentiate home- and residential care services, in the view of health and social assistance;
- c. promote telemedicine and telemonitoring services;
- d. raise awareness of the big challenge we have is an opportunity to face: elderly people affected with comorbidities and poly-treated at high risk for iatrogenic damage and failure-to-thrive;
- e. face emergency and risk of disability in frail elderly people involved in the recent Central Italy earthquake.

### Future Plan

We are going to plan the National Congress of our association (AGE) on next March 16-18th, 2017, in Naples, Southern Italy.

A special topic is due to a Pharmacovigilance study, the PharE (Pharmacovigilance in the Elderly) Study, in collaboration among AGE and two other Geriatric societies, SIGG and AIP.

The aim of the present study is:

- to assess the use of inappropriate drugs;
- to study possible drug-drug interactions;
- to perform possible strategies for avoiding potential harmful prescriptions, by using the STOP and START criteria.

## NATIONAL MEMBER SOCIETIES

A classification of potentially inappropriate drugs will be made according to the Beers criteria. Data will be collected through an appropriate software able to gather the main information on patients. In selected cases the Naranjo Scale will be applied. The study of possible drug-drug interactions will be made by Micromedex 2.0.

**JAPAN GERONTOLOGICAL SOCIETY**

## Second Asian Conference for Frailty and Sarcopenia

Date: Nov. 4-5, 2016

Venue: Imai Gas Building, Nagoya, Japan

President: Hidenori Arai

(Deputy Director, National Center for Geriatrics and Gerontology, Japan)

**TURKISH GERIATRICS SOCIETY**



Regarding public education activities, a scientific and social event was organized by the Turkish Geriatrics Society and Hacettepe University GEBAM at the "Elderly Club of Cankaya Municipality" in Ankara.



Members of the club followed the conferences on "Dementia" and "Falls in Elderly" with great interest. The scientific part of the event was followed by a concert.



## UPCOMING EVENTS

Month/Date/Year	Event	Venue
December 6-8, 2016	2nd IAGG Africa Region Conference	Nairobi, Kenya
July 23-27, 2017	21st IAGG World Congress OB: Gerontological Society of America (GSA) Website: <a href="http://www.iagg2017.org">http://www.iagg2017.org</a>	San Francisco, USA
2021	22nd IAGG World Congress OB: Argentine Society of Gerontology and Geriatrics (SAGG)	Buenos Aires, Argentina

### IAGG WORLD CONGRESS

#### 21st WORLD CONGRESS, SAN FRANCISCO, USA, JULY 23-27, 2017

The Gerontological Society of America (GSA) will be hosting IAGG's 21st World Congress in San Francisco, USA. In view of GSA's long experience in organizing major events and of the city's important conference facilities, IAGG 2017 will be sure not to disappoint. The theme of this future milestone will be "Global Ageing and Health: Bridging Science, Policy, and Practice." In the meantime visit the congress website launched in June 2013.



Contact: [info@iagg2017.org](mailto:info@iagg2017.org)  
Website: <http://www.iagg2017.org>

#### 22ND WORLD CONGRESS, BUENOS AIRES, ARGENTINA, 2021



The Argentine Society of Gerontology and Geriatrics (SAGG) and the Argentinean Society of Gerontology, both Member Societies of IAGG, united together to present their candidacy in view of hosting the 22nd IAGG Congress of Gerontology and Geriatrics scheduled for 2021.

### CALL FOR NOMINATIONS

#### 2017 BUSSE RESEARCH AWARDS

To promote international research in gerontology, the Busse Research Awards again will be given at the 21st IAGG World Congress of Gerontology and Geriatrics in San Francisco, CA July 23-27, 2017. Two gerontologists (late junior to mid-career) will be selected. One award will recognize a scientist from the social/behavioral sciences; the other from the biomedical sciences. Awards are \$8,000 (USD) each, plus up to \$4,000 (USD) for travel/living expenses. Awardees must present a lecture based on their research at the conference. Deadline for receipt of nominations: November 1, 2016. For information and application forms, visit our WEBSITE: <http://centerforaging.duke.edu/busse-research-awards> or contact:

Harvey Jay Cohen, MD, Jury Chair  
Busse Research Awards  
Center for Aging, Box 3003  
Duke University Medical Center  
Duke, NC 27710 USA  
TEL: +1(919) 660-7502  
FAX: +1(919) 684-8569  
Email: [harvey.cohen@duke.edu](mailto:harvey.cohen@duke.edu)

## OTHERS

### IOF REGIONALS 6TH ASIA-PACIFIC OSTEOPOROSIS MEETING, SINGAPORE, NOVEMBER 4 - 6, 2016

The International Osteoporosis Foundation and Endocrine and Metabolic Society of Singapore (EMSS) look forward to welcoming you to Singapore for the IOF Regionals 6th Asia-Pacific Osteoporosis Meeting taking place at the Singapore Convention & Exhibition Centre (Suntec) from November 4-6, 2016.

#### Why should you attend?

Health professionals in the Asia-Pacific are facing a rapidly ageing population. If you're a physician, clinical researcher or allied health professional, this key regional event will help you learn how to:

- identify patients at imminent high risk of fracture and how to prevent secondary fractures
- manage and treat osteoporosis, including through knowledge of the latest drug treatments and nutritional recommendations
- manage patient post-fractures (including fracture healing, orthobiologics, rehabilitation, etc.)
- address sarcopenia in your elderly patients by learning about the latest nutritional and physical recommendations
- manage bone loss in diabetics, transplantation patients, and cancer patients and much more.

Meet-the-Expert sessions, 'speed dating' with the professors and an interactive exhibition area will give delegates the opportunity to discuss with world experts, learn about the latest products and services, and mingle with colleagues from throughout the region. The Meeting will also be the premier venue for the presentation of new research in the field - especially for regional research: so plan to submit your abstract!

#### Who should attend?

The programme is of interest to a broad range of physicians and allied health professionals, including general practitioners and internists, rheumatologists, orthopaedic surgeons, endocrinologists, geriatricians, radiologists, pharmacists, rehabilitation specialists, physiotherapists, nutritionists, and orthopaedic nurses.

#### Learning objectives

The learning objectives of the Meeting are to train medical professionals, allied health professionals and clinical researchers so that they are better equipped to handle the growing epidemic of musculoskeletal diseases. The programme provides a concise and practical overview of these diseases, including the latest advances in their prevention, diagnosis and treatment of osteoporosis and sarcopenia, fracture healing and rehabilitation. As well as the latest regional research, the programme includes current topics of specific clinical relevance to health professionals in the region.

#### Pre-Meeting Course

Osteoporosis Essentials: Densitometry, Diagnosis and Management Course  
Singapore, November 2-3, 2016

#### Key dates

- Online registration
- Online abstract submission closes - June 24, 2016
- Early registration deadline - September 19, 2016

## IAGG ADMINISTRATION

### ➤ IAGG ANNUAL DUES ARE DUE NOW!

Invoices for 2016 Annual Dues have been sent to member associations and societies. Please send your dues to the Korea Exchange Bank as indicated below. Any questions about dues or payments should be sent by e-mail: [iaggseoul@hotmail.com](mailto:iaggseoul@hotmail.com)

### ➤ INFORMATION FOR WIRE TRANSFER OF MEMBERSHIP DUES TO IAGG BANK ACCOUNT:

Bank name: Korea Exchange Bank  
Bank address: 181, 2-ka, Eulji-Ro, Chung-Ku, Seoul, Korea  
Bank account #: 650-009094-236  
SWIFT Code: KOEXKRSE  
Beneficiary: IAGG

### ➤ IAGG Headquarters

Room No. 1107, Gwanghwamun Platinum  
Saemunanro 5ga-gil 28, Jongnogu, Seoul, Korea 110-052  
Tel: +82-2-737-2548 - Fax: +82-2-737-1042 - Internet Phone: 070-7743-2548  
E-Mail: [iagg@iagg.info](mailto:iagg@iagg.info), Website: <http://www.iagg.info>

### ➤ IAGG FACEBOOK & TWITTER

IAGG FACEBOOK and TWITTER are open now! Please follow us at  
FACEBOOK: <https://www.facebook.com/IAGG.INFO?ref=hl>  
TWITTER: [https://twitter.com/IAGG\\_Seoul](https://twitter.com/IAGG_Seoul)